



SCANNED TO PHARMACY

STAT MEDICATION

Date: _____ Time: _____

- 1. Discontinue all previous orders
- 2. Inpatient Admit to 5 South Bariatric Unit
 Inpatient Admit to ICU
- 3. Allergies Patient States "None" Other: _____

4. DIET

- a. Strict NPO
- b. Order Bariatric Clear Liquid Tray when Methylene Blue Dye test is negative
- c. POD 1: Registered Dietitian referral to review gastric bypass diet instructions.

5. ACTIVITY

- a. Afternoon of surgery: Ambulate with assistance in hallway PRN. Initiate PT order if more assistance is needed.
- b. POD 1: Progressive ambulation in hall QID with assistance as needed
- c. POD 2: Ambulate self in hall PRN

6. Social Work Referral

7. NURSING CARE

- a. VS Q 4 hours x 24 hours, then Q shift if stable
- b. Respiratory assessment Q 4 hours x 24 hours then Q shift if stable
- c. Instruct patient to deep breathe Q 1 hour while awake
- d. Teach patient use of incentive spirometer Q 1 hour while awake
- e. Sequential compression devices applied continuously while in bed or in chair
- f. I&O
- g. If patient is unable to void or bladder is distended, catheterize with straight cath. If necessary to catheterize a second time, place # 16 Foley to dependent drainage for 24 hours.
- h. Sponge bathe only
- i. Elevate HOB 20 to 30 degrees to keep weight off diaphragm
- j. Surgical drain to bulb drainage. Instruct patient on care and how to empty. Clean drain site with hydrogen peroxide and change dressing Q shift. Coil excess tubing and tape to patient's abdominal wall to prevent tubing from being pulled out
- k. Discontinue Scopolamine Patch at 0800 on POD 1.

8. DIAGNOSTIC TESTS AND PROCEDURES

- In AM POD 1 **UGI** with barium, use only 150 mL of contrast because patient has a small 30 mL gastric pouch. "S/P Roux-en-y Gastric Bypass, R/O leak or obstruction". ****Phone report to Dr. Patching at 568-5564.**
- Date/time: _____ Methylene blue 0.5 mL in 100 mL of diluted apple juice. Patient to sip slowly over 4 hours using straw to prevent staining of mouth. Observe drain closely over the next 4 hours to see if any blue dye is seen in drain. Please do not confuse the blue line on the drain for the blue dye. If blue dye is seen notify MD immediately.



Sutter Medical Center, Sacramento

A Sutter Health Affiliate

**Gastric Bypass Surgery
Post Op Orders**

Patient Identification



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9. MEDICATIONS

- a. D5 1/2 NS plus KCL 20 mEq/L at _____ mL/Hour. Saline lock when tolerating PO clear liquids
- b. Cefazolin (Kefzol) _____ gm IV Q 8 hours x _____ doses or _____ (Not to exceed 24 hours post op)
- c. Morphine sulfate _____ mg IM/IV Q 2 hours PRN moderate to severe pain
- d. Hydrocodone / Acetaminophen (Vicodin) 7.5/500 mg per 15 mL Elixir _____ mL PO Q 3 hours PRN mild to moderate pain
- e. Acetaminophen (Tylenol) 650 mg Elixir PO or Suppository PR PRN Q 4 hours for temperature greater than 37.8°C (100°F). (No more than 4 grams in 24 hours)
- f. Ondansetron (Zofran) 4 mg IV Q 6 hours PRN nausea ****be aggressive at preventing nausea.** If 2 doses ineffective, use alternative antiemetic.
- g. Promethazine (Phenergan) 12.5 mg suppository 1 to 2 per Rectum Q 4 hours PRN nausea.
- h. Temazepam (Restoril) 15 mg PO at bedtime PRN sleep; may repeat x 1
- i. Lorazepam (Ativan) 0.5mg IV Q 6 hours PRN anxiety.
- j. Enalapril (Vasotec) 1.25 mg IV Q 6 hours PRN systolic over 170 or diastolic over 90
- k. Heparin 5,000 units Subcutaneous Q 12 hours
- l. Sliding scale SubQ insulin based on Blood Glucose Measurement

Accuchecks in Recovery Room and 0600, 1200, 1800, and 2400 Daily

Accucheck	Regular Insulin Subcutaneous
0-200	none
201-250	3 units
251-300	6 units
301-350	9 units
351-400	12 units
401-450	15 units
451-500	18 units

10. RESPIRATORY THERAPY

- a. If patient uses home CPAP machine, apply with same settings during sleep periods and at night _____ cm H2O

11. NOTIFY SURGEON FOR:

- a. Sustained heart rate greater than 105
- b. Severe abdominal, chest, left shoulder, back or pelvic pain
- c. Onset of dyspnea and/or tachypnea (respiratory rate over 25)
- d. Sustained episode of hiccoughs
- e. SBP less than 95, unless it is normal BP for patient
- f. Persistent nausea/vomiting
- g. Blood Glucose less than 50 or greater than 400 mg/dl
- h. Temperature greater than 37.8°C (100°F)

12. Emergency Procedures for Monitored and Non Monitored Areas.

Physician Signature: _____ Physician # _____

Authorization for therapeutic substitution is given unless checked here



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